



# Physical Therapy Aide Job Description

## **Overview:**

Physical Therapy San Pedro is a physical therapy & sports performance center located in San Pedro, CA. We are a privately-owned orthopedic and sports physical therapy clinic and are looking for a cheerful, dedicated and experienced individual to join our team! Our staff consists of Doctors of Physical Therapy, certified Athletic Trainers, certified Pilates Instructors, certified Massage Therapists, certified Yoga Therapists, Physical Therapy Assistants, and Strength Coaches. We share our center with All Fit Gym. Our center has kickboxing, circuit training, strength & conditioning, yoga, pilates, and trx classes.

The ideal candidate must be personable, well-spoken and poised with exceptional people skills. The candidate should be focused, organized and a multi-tasker who thinks quickly on their feet. They must also be kind and an empathetic listener who is customer service driven. Dependability, punctuality and responsibility are crucial.

Visit our website at [physicaltherapysanpedro.com](http://physicaltherapysanpedro.com) or our IG/FB pages @physicatherapysanpedro for more information about our facility.

## **ESSENTIAL DUTIES include the following:**

- Provides support to treating physical therapists, including exercise instruction, creating home exercise programs, and modality set up as needed.
- Cleans and maintains therapy/exercise equipment.
- Keeps current with laundry and maintains adequate stock of supplies.

## **Qualifications:**

- High school diploma or GED required.
- Certified-Pulmonary Resuscitation (CPR) certification.
- Basic knowledge of exercise science, anatomy and physiology
- A good understanding of exercise mechanics and modalities is necessary
- Bachelor's in Science in Kinesiology, Exercise Sports Science or other related field is a plus but not mandatory.
- One-year minimum previous job-related experience preferred in an outpatient clinic.
- Computer savvy with MS Office (MS Excel and Word) experience. Competent in learning computer systems for patient management.
- Basic background in exercise is required, history of participation in sports preferred.

## **Schedule:**

- Part time
- Day shift

## **Education:**

- High school or equivalent (Preferred)